

Achieve with us.®

Fall 2015

Arc NEWSLETTER

“For people with intellectual and developmental disabilities and their families.”

Why I like Friendship Club

by Meredith Mitchell

Bingo brings a lot of joy to a lot of people. It's not just a game, it's a hobby too. The Arc is real nice to provide it. The people that help are real nice to take time out of their day to help. All of the people look forward to getting prizes and almost everyone wins. We sometimes win gift cards for blackouts to different places. For straight bingo we can win movies or other cool stuff.

They also have some snacks there too. But we all are friends there too. We all get along very well. We don't fight. I believe we are meant to have Friendship Club so we can all get together and see each other once in awhile and have some fun. We have so much fun and look forward to winning something nice for ourselves or other people because sometimes people win prizes and give them to other people and that is very nice of them to do.

They have BINGO at the Friendship Clubs in Hood River and in The Dalles and its for people with special needs but everyone is welcome. We have so much fun! Well, I told you about BINGO. Hope to see you there. Bye for now.

<http://www.arcmidcolumbia.org/>



Rich Williams, President
Ashley Johnson, -Vice President
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Justina Humphrey, Director
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FRIENDSHIP CLUBS

on Saturdays!

2nd Saturday—
Friendship Club at
the Mid-Columbia
Senior Center in
The Dalles from
1:00pm.

4th Saturday—
Friendship Club at
1102 12th Street
in Hood River at
1:00pm.

Special Needs Fund

Is there an activity or event that you want to attend but just don't feel you can afford? Or maybe you need something for your home that would make a big difference to you but doesn't fit in your budget?

Our goal is to make a difference in the life of some of our friends and neighbors with I/DD and promote their independence and quality of life.

The Arc Board has approved funds for Special Needs Requests that range from \$10.00 to a maximum of \$400.00. Only one request per person per year. All requests have to be approved by the Arc Committee overseeing the funds.

You can find the request forms on our website or write and ask for paper copies. Our address is PO Box 521 The Dalles OR 97058.



Opportunity Connections Gallery Open House

The 506 Gallery which features art created by people with intellectual disabilities will have an open house where you can learn more about Art Connect Classes and what it take to be a self-employed artist!

The Gallery is located at 506 E 2nd Street, The Dalles OR 97058. It is open to the public Monday—Friday from 10am—2pm.

Gallery Open House

October 22, 2015 from 5:30—6:30pm

Light Refreshments Served



Titled: Ghosts and Bats

Arc Harvest Fundraiser Volunteers Needed

Our BIG fundraiser is coming soon. The Arc hosts the entertainment tent and also sells Hot Dogs. The event lasts three days, Oct 16, 17 and 18th. We need a lot of volunteers to serve, clear tables as well as other duties. If you would like to volunteer please email or call Katie Maple at k81960@gmail.com or 541-386-3520 ext 7003.

**Come to
the
2015...**

MONSTER BALL

**Friday,
October 30, 2015
6:00-8:00pm**

**I wanna
dance with
somebody!**



**At The Dalles Middle
School**

**1100 E 12th Street
The Dalles OR 97058**

.Dancing

•Refreshments

•Costume Prizes for...

The Scariest

The Funniest

Most Colorful

Most Original

and Cool Kid Costumes!

FREE Family Friendly Event!

(Donations Welcome!)

Sponsored by the Arc Mid-Columbia

PO Box 21 The Dalles OR 97058

www.arcmidcolumbia.org

The Arc of the Mid-Columbia Membership /Renewal Application

Individual or Family Membership is only \$10.00.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: _____

Email: _____

☐ I wish to receive newsletter and information on events through email.

My relationship to persons with developmental disabilities:

☐ Self-Advocate ☐ Sibling ☐ Friend ☐ Parent/Grandparent/Other Family

☐ Service Provider/Other Professional ☐ Other _____

☐ Check this box if you would like assistance with the cost of membership.

Please return this form to The Arc of the Mid-Columbia PO Box 521, The Dalles, OR 97058

Arc of the Mid-Columbia

PO Box 521
The Dalles, Oregon 97058

<http://arcmidcolumbia.org>

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