

Achieve with us.®

Winter 2014

Arc NEWSLETTER

“For people with intellectual and developmental disabilities and their families.”

Join us for Puttin' on the Ritz!

Put on your best duds, shine up your dancing shoes and join in for the much-anticipated Puttin' on the Ritz Valentine Gala, Saturday, February 15th, 7 to 9 pm at St. Peters Parish Center, The Dalles.

This is the tenth year the local Beta Sigma Phi, a woman's sorority, along with the Arc of the Mid-Columbia has partnered to put on this popular event honoring The Arc. It is a time for you, as talented and deserving individuals to shine and enjoy an evening of dancing, refreshments, good friendship and fun. We are looking forward to transforming the St. Peter Parish Center into a special setting and providing you with a great evening of entertainment, including door prizes and raffles. This year will have some super raffles which you can buy chances for, including a great Mongoose Bicycle, a fabulous Girly Pampering Basket, Portland Zoo Admission for four, Movie tickets & Munchies Basket, Gift Certificates and much more! Remember, raffle tickets are only three for \$1.00!

All participants will be greeted with a corsage or boutonniere and a warm welcome at the door. The popular DJ Randy Bell will spin the tunes for your dancing entertainment. Masters of Ceremonies, Joe Carroll, will keep the dance hopping with contests and award the trophies for best dressed. A selection of delicious refreshments and drinks will be available for your enjoyment. Individual or group photos will be available for you to take home as a remembrance of the night. The sorority's husbands, Arc board members and community volunteers will also be a part of the event.

This is your special evening of entertainment, so dress up, bring your friends and family and put your best foot forward. Head to The Dalles and join in the fun at Puttin' on the Ritz, a Valentine Evening for The Arc. Can't wait to see you all there!

<http://www.arcmidcolumbia.org/>



Lori Krueger, President

Ashley Johnson, Vice-President

Kim Chopp, Secretary

Joe Carroll, Treasurer

Chris Mumford, Board Director

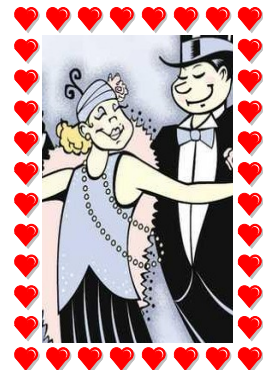
Rosa Fus, Board Director

Rich Williams, Board Director

Jennifer Wellar, Board Director

Kelly Fork, Board Director

Katie Maple, Board Director



Puttin' on the Ritz!

Saturday

February 15, 2014

7:00—9:00 pm

St. Peters Parish
Center The Dalles

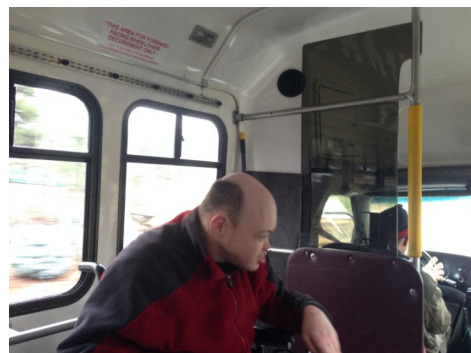
Ride on the New Arc Bus



The Arc has acquired a bus to help with the transportation needs of coming and going to Arc events. How we will use the van in other ways has yet to be determined by the committee. If you have any ideas on how the bus might be used please share your ideas with a Board member.

In February, the Arc plans to use the bus for transporting people from the Hood River area to The Dalles for the Valentine's dance (Puttin on the Ritz). This will be for any individual with DD, their friends, or friends of The Arc, and support persons as needed. (The dance will be on February 15 from 7-9pm)

Reservations for a ride should be made with Chris Mumford, volunteer bus driver, by calling his number (541-980-1911). We have 12 seats and 2 spots for wheel chairs so it will be on a "first come first serve" basis. The schedule is for the bus to be in Hood River at 5:45 to 6:15 pm at the HRV Adult Center parking lot. Chris will also take requests from the Mosier and Rowena areas and will stop there as needed on the way to and from The Dalles. The bus should arrive at the dance by 7 pm. Following the dance Chris plans to depart between 9:00 and 9:15 pm in order to arrive back at Hood River by 9:45 to 10:00 pm. Those requesting a ride should provide Chris with name, contact phone number, and home address in case of any schedule changes.



Socials...on Saturdays!

1st Saturday—
Community Connections, Movies and Dances, at 506 2nd Street in The Dalles.

2nd Saturday—
Friendship Club, BINGO and fun, at the Mid-Columbia Senior Center in The Dalles.

3rd Saturday—
Community Connections Movies and Dances at 1102 12th Street in Hood River.

4th Saturday—
Friendship Club, BINGO and fun, at 1102 12th Street in Hood River.

ALL Saturday events begin at 1:00pm and are sponsored by The Mid-Columbia Arc and Opportunity Connections.



Special Olympics
Oregon
The Gorge

Get fit with Special Olympics!

Special Olympics—The Gorge has been created and they are a merge of Special Olympics Oregon—Wasco/ Sherman County and Special Olympics Oregon—Hood River. The Winter Games are already starting. Their contact information is :

Phone: 541.370.2820

Email: soor_thegorge@gmail.com

Website: <http://www.soor.org/>

Facebook: www.facebook.com/pages/Special-Olympics-Oregon-The-Gorge

The Special Olympics provides year-round sports training and athletic competition for both children and adults here in the Gorge. Check out their Facebook Page photos and see if one of your friends is already an athlete!



Jarvin Whitesell Passing

Jarvin J. Whitesell, a long time member of The Arc, passed away recently. He was on the Special Olympics team for many years and enjoyed the swim and ski teams the most. He did many volunteer activities in The Dalles area. He will be missed. Memorial contributions can be donated at US Bank.



Winter Bowling with the Arc

Robbin and David McDonald will lead the winter bowling for individuals with DD. It starts on Feb 3rd and will continue weekly until Feb 24th (4 times). The time will be 4pm to 5:30pm. The contact person is Robbin McDonald at 541-298-2247 for information. Volunteer assistants are needed. The location is Orchard Lanes in Hood River. The Arc will pay the bowling alley expenses.



Serve on the Mid-Columbia Arc Board

We currently have open positions on the Board that need to be filled. If you are interested please contact one of the current Board members for more information. As a Board member you can make a huge difference in the lives of many people here in the Columbia River Gorge.



Parent Survey About Alternate Assessments

The Alternate Assessment Research Group (AARG) would like to invite parents who have school-aged students in grades three through high school to participate in a survey regarding the alternate assessments administered by your state. The purpose of this survey is to learn about parents' understanding and opinions regarding the education and assessment of their children who have significant cognitive disabilities.

We are four professionals who are currently involved in the design and implementation of state alternate assessments. The mission of the AARG is to understand the impact of special education policies, and we hope that our study will influence policy decisions. We previously received some parents' opinions about current special education and state alternate assessments. However, we are not sure whether the information we received represents the majority of parents. In order to influence policies, we need evidence from a larger sample of parents/guardians. Your responses to this survey are the most critical step in providing that evidence!

The study results will be shared through multiple channels (such as conference presentations, academic journal publications, and this website) to increase the impact of your opinions.

To review and/or enter your responses to the survey, please go to this site:

<http://intedresearch.com/>

You will see the heading for International Education Research, which set up this web page for us.

Look for the "Alternate Assessment Research Group" and then click "Go to the survey" at the bottom of the webpage. You can respond to the survey directly without a user name or password. If you have any questions or comments about our survey, please go to the home page for this survey, which is titled "International Education Research." Under the heading "CONTACT" enter a comment.

Thank you for being willing to participate in this survey. Providing your response by February 14, 2014 would be most appreciated. However, survey responses will continue to be accepted after mid-February.

Questions? Please contact Carol Dyer. Email her at

cad793@gmail.com or phone her 503-585-3253.

The Mid Columbia Arc needs support from people like you! Look at the many ways you can give.

Give online through Charity of Choice to funds for specific activities like (see our website) :

Connecting Events—Monies donated will provide many free social events for people with intellectual disabilities, their family and friends. Making new connections with people is the best part of life!

A Little Respite- The Arc of the Mid-Columbia is pleased to offer a little respite care help to family care-givers of children or adult children with developmental disabilities. Respite care is a gift of time to help the family care-giver renew his or her energy.

Give by mailing a check to PO Box 521, The Dalles, OR 97058

The Arc of the Mid-Columbia Membership /Renewal Application

Individual or Family Membership is only \$10.00.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: _____

Email: _____

I wish to receive newsletter and information on events through email.

My relationship to persons with developmental disabilities:

Self-Advocate Sibling Friend Parent/Grandparent/Other Family

Service Provider/Other Professional Other _____

Check this box if you would like assistance with the cost of membership.

Please return this form to The Arc of the Mid-Columbia PO Box 521, The Dalles, OR 97058

Arc of the Mid-Columbia

PO Box 521
The Dalles, Oregon 97058

<http://arcmidcolumbia.org>

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